

The Community Pool

(540) 463-5441

MAY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Leslie Lap Swim: 6:30 - 7:30 PM (6 Lanes)	2 Masters: 7-8 AM Lap Swim: 8am-3pm, 6:30-8:00pm (3 lanes) Aquacise 6:30pm w/Lenny	3 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Etta Lap Swim: 6:30-7:30 PM (6 Lanes)	4 Masters: 7-8 AM Lap Swim: 8am-3pm, 6:30-8:00pm (3 lanes) Aquacise 6:30pm w/Lenny	5 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Leslie	6 Lap Swim 9am-3pm Aquacise 10-11 w/ Lenny Family Swim Noon-3pm
7 Lap Swim Noon-4pm Family Swim Noon-4pm	8 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Etta Lap Swim: 6:30 - 7:30 PM (6 Lanes)	9 Masters: 7-8 AM Lap Swim: 8am-3pm, 6:30-8:00pm (3 lanes) Aquacise 6:30pm w/Lenny	10 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Etta Lap Swim: 6:30-7:30 PM (6 Lanes)	11 Masters: 7-8 AM Lap Swim: 8am-3pm, 6:30-8:00pm (3 lanes) Aquacise 6:30pm w/Lenny	12 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am NO INSTRUCTOR	13 Lap Swim 9am-3pm Aquacise 10-11 w/ Lenny Family Swim Noon-3pm
14 Lap Swim Noon-4pm Family Swim Noon-4pm	15 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Leslie Lap Swim: 6:30 - 7:30 PM (6 Lanes)	16 Masters: 7-8 AM Lap Swim: 8am-3pm, 6:30-8:00pm (3 lanes) Aquacise 6:30pm w/Lenny	17 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Etta Lap Swim: 6:30-7:30 PM (6 Lanes)	18 Masters: 7-8 AM Lap Swim: 8am-3pm, 6:30-8:00pm (3 lanes) Aquacise 6:30pm w/Lenny	19 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Leslie	20 Lap Swim 9am-3pm Aquacise 10-11 w/ Lenny Family Swim Noon-3pm
21 Lap Swim Noon-4pm Family Swim Noon-4pm	22 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Leslie Lap Swim: 6:30 - 7:30 PM (6 Lanes)	23 Masters: 7-8 AM Lap Swim: 8am-3pm, 6:30-8:00pm (3 lanes) Aquacise 6:30pm w/Lenny	24 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Etta Lap Swim: 6:30-7:30 PM (6 Lanes)	25 Masters: 7-8 AM Lap Swim: 8am-3pm, 6:30-8:00pm (3 lanes) Aquacise 6:30pm w/Lenny	26 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Leslie	27 Lap Swim 9am-3pm Aquacise 10-11 w/ Lenny Family Swim Noon-3pm
28 Lap Swim Noon-4pm Family Swim Noon-4pm	29 MEMORIAL DAY: LAP SWIM 8 - 4 PM	30 Masters: 7-8 AM Lap Swim: 8am-3pm, 6:30-8:00pm (3 lanes) Aquacise 6:30pm w/Lenny	31 Lap Swim: 6am-3pm (3-6 lanes) Aquacise: 8:30am & 10:30am w/ Etta Lap Swim: 6:30-7:30 PM (6 Lanes)			
NOTES: Visit us online at www.rockbridgeswims.org						



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